Meal Prices 2023-24
Full Price Student - \$2.75
Reduced Student - FREE
Adult Lunch - \$4.80
Ala Carte Milk - $\$ 0.70$

## CV Elementary

Prepared by CVSD (717) 556-0025
MENU SUBJECT TO CHANGE
Please make checks payable to C.V.S.D.

January
Lunch Menu 2024

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| 1 NO SCHOOL | 2 NO SCHOOL | 3 <br> Cheese Crunchers with sauce WG Sunchips Turkey \& Cheese on WG Roll <br> Baked Beans <br> Baby Carrots/ Fresh Veggie Bar Fresh Fruit/ Pears | 4 <br> Mini French Toast w/ Sausage Links Boxed Salad- Ham Turkey \& Cheese on WG Roll <br> Hash Brown / 100\% Fruit Juice Cucumber Coins/ Fresh Veggie Bar Fresh Fruit/ Peaches | $5$ <br> 4 Cheese Pizza <br> Boxed Salad- Ham <br> Turkey \& Cheese on WG Roll <br> Steamed Broccoli <br> Spinach Salad/ Fresh Veggie Bar <br> Fresh Fruit / Apple Crisp |
| 8 <br> Chicken Nugget / WG Roll Boxed Salad- Grilled Chicken Buckskin Bag \#2 <br> Parsley Potatoes <br> Fresh Broccoli/ Fresh Veggie Bar Fresh Fruit/ Mixed Fruit | 9 <br> Pepperoni and Cheese "Hot Pocket" <br> Boxed Salad- Grilled Chicken <br> Buckskin Bag \#2 <br> Steamed Broccoli <br> Celery Sticks/ Fresh Veggie Bar <br> Fresh Fruit/ Pears | 10 <br> French Toast Sticks / Egg and Cheese Omelet <br> Boxed Salad- Grilled Chicken <br> Buckskin Bag \#2 <br> Hash Browns/ 100\% Fruit Juice Cucumber Coins/ Fresh Veggie Dip Fresh Fruit/ Peaches | 11 <br> Chicken and Cheese Quesadilla w/ WG Churro <br> Boxed Salad- Grilled Chicken Buckskin Bag \#2 <br> Refried Beans Baby Carrots/ Fresh Veggie Bar Fresh Fruit/ Pineapple Tidbits | $12$ <br> Pizza Sticks / Pizza Dip Sauce Boxed Salad- Grilled Chicken Buckskin Bag \#2 <br> Glazed Carrots <br> Spinach Salad/ Fresh Veggie Bar Fresh Fruit/ Applesauce |
| 15 | 16 <br> Chicken Strips w/ Belgian Waffle Syrup Cup Boxed Salad- Turkey Buckskin Bag \#3 <br> Steamed Mixed Vegetables <br> Baby Carrots/ Fresh Veggie Bar <br> Fresh Fruit/ Peaches | 17 <br> Beef Teriyaki Dippers w/ Brown Rice <br> Boxed Salad- Turkey <br> Buckskin Bag \#3 <br> Steamed Broccoli <br> Grape Tomatoes/ Fresh Veggie Bar Fresh Fruit/ Mandarin Oranges | 18 <br> Cheese Pizza Slice <br> Boxed Salad- Turkey <br> Buckskin Bag \#3 <br> Baked Beans <br> Cucumber Coins/ Fresh Veggie Bar <br> Fresh Fruit/ Applesauce/ Frozen Fruit <br> Rush | 19 NO SCHOOL |
| 22 NO SCHOOL | 23 <br> Popcorn Chicken Bowls w/ WG Rolls <br> Boxed Salad-Grilled Chicken <br> Buckskin Bag \#1 <br> Steamed Corn <br> Cucumber Coins/Fresh Veggie Bar <br> Fresh Fruit/ Peaches | $24$ <br> Hot Dog w/ Mac and Cheese Boxed Salad-Grilled Chicken Buckskin Bag \#1 <br> Steamed Broccoli Grape Tomatoes/ Fresh Veggie Bar Fresh Fruit/ Mandarin Oranges | 25 <br> Chicken Bacon Club on WG Roll w/ French Fries Boxed Salad-Grilled Chicken Buckskin Bag \#1 <br> Baked Beans <br> Baby Carrots/ Fresh Veggie Bar Fresh Fruit/ Pears | 26 <br> French Bread Pizza <br> Boxed Salad-Grilled Chicken <br> Buckskin Bag \#1 <br> Glazed Carrots <br> Tossed Salad Greens/ Fresh Veggie Bar Fresh Fruit / Pineapple |
| 29 <br> Cheese Crunchers with sauce WG Sunchips Boxed Salad- Ham Turkey \& Cheese on WG Roll <br> Baked Beans <br> Baby Carrots/ Fresh Veggie Bar Fresh Fruit/ Pears | $30$ <br> Turkey and Gravy w/ Mashed <br> Potatoes w/ WG Dinner Roll <br> Boxed Salad- Ham <br> Turkey \& Cheese on WG Roll <br> Steamed Peas <br> Grape Tomatoes/ Fresh Veggie Bar <br> Fresh Fruit/ Peaches | 31 <br> Walking Taco w/ Fixins <br> Boxed Salad- Ham <br> Turkey \& Cheese on WG Roll <br> Steamed Corn <br> Fresh Broccoli/ Fresh Veggie Bar <br> Fresh Fruit/ Mandarin Oranges | Buckskin Bag \#1 - Mini Pretzels, Colby Cheese Stick, Peanut butter Cup, WG Graham Snack <br> Buckskin Bag \#2 - Mini Yogurt, WG Cho Chip Muffin, Sunflower Seeds, WG Goldfish Crackers Buckskin Bag \#3-BBQ Turkey Stick, String Cheese, Banana Bread Loaf, WG Chex Mix | Daily Fresh Fruit May Contain: <br> Apples, Bananas, Oranges, Grapes, Pears, Dried Fruits, and Seasonal Produce <br> Daily Fresh Veggie Bar May Contain: <br> Grape Tomatoes, Bell Peppers, Mini-Salads, Celery <br> Sticks, Cucumbers, Broccoli and Cauliflower, Carrot |

Lunch Menu Selection choice includes the following:
Hot Entrée Includes Meat, W. Grain, Vegs., Fruit
Cold Sandwich / PBJ includes, Meat / Meat Alt. W. Grain, Vegs., Fruit
Buckskin Bag Includes, Meat / Meat Alt., W. Grain, Vegs., Fruit

PBJ Served Daily
Fat Free Milk Served Daily

